

## About Community Services Group

Since 1972 Community Services Group (CSG) has been dedicated to providing quality, community-based mental retardation and mental health services throughout Central and Northeastern Pennsylvania. With over 1,600 employees, CSG has developed a spectrum of specialized programs to meet the needs of the individuals we serve.

Our programs and services include adult mental health and mental retardation services, children's mental health and eldercare services. We believe that these services, in conjunction with a caring, dignified setting, promote growth and provide opportunities for the individuals in our programs to reach their full potential.

We are committed to and take pride in providing services which empower individuals and promote independence and wellness.



Susan C. Blue, President/CEO

CSG is the preferred choice for individuals and referral sources because of CSG's network of comprehensive mental health, mental retardation, children and eldercare services and its commitment to empowering individuals and promoting independence and wellness.



COMMUNITY  
SERVICES GROUP

*A Network of Services. A World of Possibilities.*

### Community Residential Rehabilitation (CRR)

A CSG program

#### *Program Office Locations*

790 New Holland Avenue  
Lancaster, PA 17602  
Voice: 717.293.5104  
Fax: 717.295.7326

2330 Vartan Way  
Harrisburg, PA 17110  
Voice: 717.920.9434  
Fax: 717.920.9197

614 Locust Lane  
State College, PA 16801  
Voice: 814.861.0617  
Fax: 814.861.0616

Water Tower Square  
1000 Commerce Park Drive, Ste 110  
Williamsport, PA 17701  
Voice: 570.323.6944  
Fax: 570.323.4529

## Community Residential Rehabilitation Program

A CSG Program



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## Community Residential Rehabilitation

### *Expertise, Compassion, Quality*

When you or your loved one is facing a mental health issue, trust Community Services Group (CSG) to provide the most comprehensive and caring services available.

The Community Residential Rehabilitation (CRR) Program provides individuals with mental illness the opportunity to improve their daily living skills and become more integrated into the community. The CRR offers transitional housing with varying levels of staff assistance. CSG's CRR residences are located in Centre, Clinton, Dauphin, Lancaster, Lebanon, Lycoming counties.

Individuals learn to live more independently, with less structure and assistance, while in a CRR. Staff are trained in assisting individuals to re-adjust to life as independent members of the community. Individuals move to another residential setting when they have made significant progress in the program and succeed in a less structured setting; individuals choose to leave the program; or it is determined that the individual is in need of a different level of service.

## Our Services

The goal of the CRR Program is to maximize the potential of each individual and enhance the individual's ability to cope with the environment, both in a residential setting and in the community at large.

The program also strives to reduce psychiatric hospitalization by decreasing the number of times a person needs to be admitted to the hospital.

Individuals referred to CRR may focus on the development of appropriate social, money management, housekeeping, hygiene, and other skills that are necessary for living independently in the community. In addition, individuals may learn how to manage the symptoms of their mental illness, to monitor their own medications and establish their own personal recovery plan.

Upon entering the program, each individual meets with staff to develop the residential services recovery plan he or she will use to achieve identified goals. Individuals are also encouraged to participate in a regularly scheduled activity such as competitive employment, therapeutic day programs, or some other routine.

Generally, if a person actively participates in this program, he or she will be ready to move to a less structured environment, perhaps even independent living.

## Information and Referrals

For more information about the CRR program or to make a referral, please call the appropriate number below:

*Serving Dauphin and Lebanon Counties*  
2330 Vartan Way, 2<sup>nd</sup> Floor  
Harrisburg, PA 17110  
717.920.9434

*Serving Lancaster County*  
790 New Holland Avenue  
Lancaster, PA 17602  
717.293.5104

*Serving Centre County*  
614 Locust Lane  
State College, PA 16801  
814.861.0617

*Serving Lycoming and Clinton Counties*  
Water Tower Square  
1000 Commerce Park Drive, Ste 110  
Williamsport, PA 17701  
570.323.6944

Program offices typically operate Monday-Friday, 8:00am - 4:30 pm.

## Insurance and Fees

The CRR is funded by the Commonwealth of Pennsylvania and by contract with county MH/MR offices.

CSG services are provided in a nondiscriminatory manner, without regard to race, sex, color, national origin, ancestry, religious creed, disability, age or Limited English Proficiency (LEP).



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