

About Community Services Group

Since 1972 Community Services Group (CSG) has been dedicated to providing quality, community-based mental retardation and mental health services throughout Central and Northeastern Pennsylvania. With over 1,600 employees, CSG has developed a spectrum of specialized programs to meet the needs of the individuals we serve.

Our programs and services include adult mental health and mental retardation services, children's mental health and eldercare services. We believe that these services, in conjunction with a caring, dignified setting, promote growth and provide opportunities for the individuals in our programs to reach their full potential.

We are committed to and take pride in providing services which empower individuals and promote independence and wellness.



Susan C. Blue, President/CEO

CSG is the preferred choice for individuals and referral sources because of CSG's network of comprehensive mental health, mental retardation, children and eldercare services and its commitment to empowering individuals and promoting independence and wellness.



A Network of Services. A World of Possibilities.

Partial Hospitalization Service Locations:

MH/MR Specialized Partial

54 South Commerce Way, Suite 170, Bethlehem
610.866.7600

790 New Holland Avenue, Lancaster
717.392.2164

MH/MR Specialized Partial

790 New Holland Avenue, Lancaster
717.299.4636

399 Green Avenue, Lewistown
717.242.1870

901 University Drive, Suite 1, State College
814.272.0331

330-A North Second Street, Sunbury
570.286.2077

Water Tower Square
1000 Commerce Park Dr., Suite 110, Williamsport
570.323.6944 ext. 1521

www.csgonline.org

Community Services Group Partial Hospitalization Program

Adult Mental Health Services

A CSG Program



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About CSG Partial Hospitalization Programs

Expertise, Compassion, Quality

CSG Partial Hospitalization programs are licensed by the Pennsylvania Department of Public Welfare for adults who experience a wide range of psychiatric symptoms that require more than outpatient counseling. The program promotes recovery through the provision of support and services within the community as an alternative to the disruptive and costly effects of inpatient care or institutionalization.

Our focus is to assist individuals in developing and implementing the skills necessary to achieve personal mental health recovery goals and to increase their ability to participate actively in the community. Specific objectives include crisis stabilization, a reduction in psychopathology, and the diversion of individuals from acute psychiatric inpatient units or to shorten their length of stay.

The length of stay in the program varies greatly depending on the needs of the individual. Once treatment goals are achieved, the individual, their identified supports, and the onsite treatment team begin working on the discharge plan that is developed at the beginning of enrollment and is used as a guide for successful recovery and discharge.

Our Services

CSG Partial Hospitalization programs offer a multi-faceted treatment approach and are staffed by trained professionals.

The onsite treatment team, headed by a psychiatrist, works with each individual and their identified supports to assess progress and make decisions regarding the course of treatment during enrollment in the program.

Each individual is involved in a daily program that includes a series of groups designed to best meet his or her needs along with assistance developing treatment goals. Daily schedules include psychotherapy, educational groups and therapeutic activities designed to stabilize symptoms, develop coping skills, and build on individual strengths.

Some programs offer specialized evidenced-based, educational groups, such as Dialectical Behavior Therapy (DBT) and the Neuroscience Treatment Team Partner Program (NTTP). In addition, some sites offer a Dual Diagnosis (MH/MR) Partial Hospitalization Program specializing in psychiatric day treatment to individuals with mental illness and mental retardation that is more intense than outpatient treatment.

DBT was designed for individuals with Borderline Personality Disorder but can be helpful for all individuals. DBT focuses on four skills: improving relationships, gaining more coping skills, improving one's ability to focus and pay attention, and understanding and dealing with emotions in a healthy way. NTTP focuses on symptom recognition and management, developing a relapse plan, and maximizing treatment.

Referrals

Individuals may be referred by their family, physician, county agencies or hospital. Individuals may also schedule an appointment directly. To schedule an appointment or for more information, please call the office nearest you.

All calls and services are confidential.

Insurance and Fees

Funding is provided by contract with local MH/MR offices. Reimbursement for services are provided by Medical Assistance, private insurance and self pay. Fees are based upon state guidelines.

Hours of Operation

Programs typically operate Monday through Friday from 8:30 a.m. to 3 p.m.



COMMUNITY
SERVICES GROUP

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